

The club is located off Holland Road (next to number 50) in Whitegates Court, Holland Road, Little Clacton, Essex CO16 9FD and has 4 LED floodlit all-weather courts and a clubhouse.

MEMBERSHIP

The club is open to all standards of player. Beginners and returning players are able to use our coaching arrangements to help them get back into the game by using either one-to-one or 'rusty racket' sessions. See the coaching details below.

Please contact the Secretary, John Russel on 07845 775717 or johnrussel8974@gmail.com

SUBSCRIPTIONS AND FEES

Adults (18+ years) - **£165** Juniors aged 12+ years or those in full-time education - **£82.50** Juniors under 12 years - **£25** Family membership - **20%** discount for 2 adults and 1 or more children The club year is 1st April to the 31st March & part-year discounts are available

Payment by cash, cheque or transfer to Little Clacton Tennis Club NatWest Acc. No. 23475064 Sort Code 60-05-33 Reference - your name please

SOCIAL SESSIONS

Wednesday & Saturday afternoons from 1:00 pm Monday mornings from 10 am (Ladies) Monday evenings from 6:00 pm Thursday evenings from 5 pm (Ladies) Saturday mornings from 10 am (Juniors 9+ years)

The courts can be used at any other time by members although care should be taken to avoid coaching sessions and home matches. Playing hours are restricted to 8:00 to 22:00 (20:00 Sundays)

The Club provides tennis balls for organised sessions plus free token-operated LED floodlighting.

GENERAL INFORMATION

Visitors to social sessions are welcome @ £5 per session/day (6 visits maximum) and members may bring guests free 3 times. Courts are not available for public hire.

The club has teams in the Colchester & District Tennis League.

There is a no-smoking policy which applies to the whole site and all forms of smoking.

The gates are electrically operated so you will need the code to enter plus a key if you wish to access the building. Clubhouse keys & remote control gate fobs are available at a reimbursable cost of £25.

CHRIS HARRIS – LTA ACCREDITED + LEVEL 4 (PERFORMANCE) TENNIS COACH

Individual lessons: 1 hour - members £30, non-members £33 or ½ hour - members £16, non-members £18

1 hour group sessions: Adult members £7, non-members £8 Junior members £6, non-members £7

Adult Rusty Racket (intermediate standard) and Tennis Xpress (beginner) sessions

LTA Red Ball (5-8 years) Orange / Green Ball (9-12 years) Yellow Ball (13-16 years)

Summer Camps and Saturday morning Junior Club (9+ years)

Chris also offers a full racket restringing service: £13 supplying your own strings From £19 strings provided





Contact: 07793 976913 or chrisharris366@gmail.com or visit his Facebook page

BALL MACHINE

The club has a state-of-the-art Spinshot ball machine that can operated remotely via a phone app. The machine can be programmed to operate at different speeds or heights, provide 12 different pre-set drills or varying levels of spin.







NEIL FOSTER PHYSIOTHERAPY

Physiotherapist (& ex-England Cricketer) Neil Foster operates at the club and offers a member discount of 25%. Contact him on 07931 412352 or <u>fozziephysio@aol.com</u>



